

WINTER CAMP 2006

SCHEDULE

Meet at St. Laurence storage unit - 10:00 a.m. Tuesday, December 26th

- Load Personal Gear 10:00 - 10:45 a.m.
- Depart for Camp Strake at 11:00 a.m.
- Lunch at Taco Cabana 12:15 p.m. - Bring \$5.00 - \$7.50 for lunch

Arrive Camp Strake (Cub World entrance) after 1:15 p.m.

Depart Camp Strake on December 30th following closing campfire (~ 8:30 p.m.)

Arrive St. Laurence at about 10:00 p.m. (will phone parents with exact time)

We're leaving Saturday night to avoid Sunday morning traffic problems at St. Laurence and to allow scouts to attend church with their families on Sunday.

TRANSPORTATION

Parents are needed transport scouts and gear to Camp Strake on December 26th and to pick up scouts and gear at Camp Strake on December 30th.

RISK MANAGEMENT / SAFETY ISSUES

Scouts and parents are reminded of the Troop 828 code of conduct.

Scouts may not set up, light, adjust, or handle propane cylinders, burners, stoves, or lanterns during Winter Camp.

Adult leaders and the SPL/ASPL need to know where Troop 828 scouts are. During the day, scouts are to be at merit badge class, winter camp activities, or in the Troop 828 camp site. Scouts must ask permission if they want to do something else - such as collect materials or make observations for a class.

Troop 828 scouts MUST ask an adult leader or SPL/ASPL permission to leave the camp site after dark. Scouts must travel with a buddy.

PERSONAL CLOTHING AND EQUIPMENT

Necessary

BSA Scout Handbook (be sure to Xerox all signed pages just in case)

Notebook and pencils for Merit Badge classes

Scout Uniform

Class A (including belt and hat)

Class B (Troop 828 Tee-shirt)

Outerwear

Rain Gear (poncho or rain jacket / pants)

Warm Jacket, Gloves and Warm Hat

Clothing

Long Pants (2 pair) (no heavy cotton sweat pants)

Long-Sleeve shirts (no heavy cotton sweat shirts)

Underwear

Underwear (6 pair)

Socks (6 pair)

Tee shirt / thermal tops

Footwear

Boots/shoes (2 pair)

Sleeping Bag (20 degree rated or "cooler" bag with blanket)

Sleeping pad (air mattress NOT recommended)

Sleepwear (warm clothes to sleep in)

Toilet Articles

Soap and shampoo

Toothbrush/toothpaste

Towel and washcloth

Flashlight plus extra batteries

Whistle (in case you get lost)

Sunscreen (just in case)

Water Bottle (16 oz - 1 quart)

Inexpensive Watch

Day Pack

Recommended

Cash for Trading Post and some Merit Badge classes (small bills - \$1, \$5)

Compass

Pocket Knife

Camera (disposable)

Survival Kit (if you have Wilderness Survival Merit Badge you know what this is)

Folding "tripod" camp stool

Not Permitted in Camp

All the usual dangerous stuff plus ...

No cell phones, radios, CD players, electronic games, etc.

Packing Personal Gear

Seal all clothing in large Zip-lock bags - Academy sometimes has multi-gallon size

Pack sleeping bag in large trash bag

Carry gear to camp in large duffel bag or backpack

Bring a day pack to carry personal gear (e.g., rain jacket, hat, gloves, etc.)

MEDICAL FORM AND PERMISSION TO TREAT

Scouts and Adult Leaders must have up-to-date BSA Class 2 or 3 Medical Forms on file with Troop. Permission to treat box **MUST** be signed. Also, attach copy (both sides) of Health Insurance card.

The Camp Strake "Medication Form" **MUST** be completed listing each medication the scout is taking at camp.

The Camp medical officer **WILL** check the medical forms and refuse entry to scouts/leaders without current forms. Parents then must supply necessary forms in person or by FAX.

PARENT CONTACT INFORMATION

Please provide emergency contact information for the period December 26-30 tonight.

MERIT BADGE BOOKS and PREREQUISITES

Remember to bring your Merit Badge books to camp. Buy the necessary books or check them out from the Troop 828 library. Books may not be available at camp.

Scouts should have merit badge prerequisites completed before the beginning of Winter Camp. If a prerequisite requires a Scoutmaster signature, make sure you get it.

COLD / WET WEATHER CAMPING

The key to enjoying winter camp is staying warm and dry.

Keeping Warm

Wear multiple layers rather than one heavy outer layer.

Adjust layers according to temperature and activity.

Carry extra clothes in day pack - your jacket or poncho is no help if it's in your tent.

Wear synthetic (fiber-fill or fleece) or wool fabrics - they keep you warm wet or dry. Avoid heavy cotton fabrics - especially sweat shirts and sweat pants. Once wet they retain water and lose their ability to insulate from the cold.

Wear a cap - your body loses the most heat from your head.

Sleeping Warm

Wear clean dry bedclothes in the sleeping bag. Keep a separate set of clothes to sleep in. Light weight thermal underwear and socks are good. Clean dry socks will keep your feet warm.

NO NOT sleep in your daytime clothes! Dirty, damp, heavy clothes will be COLD.

Your body needs fuel to keep warm - eat a good dinner before bed.

Keeping Dry

Wear a real waterproof poncho or rain jacket and pants.

A small folding umbrella is a good thing to have.

Good quality breathable (Gortex) rain gear is very expensive.

A quality coated Nylon poncho is preferable to a non-breathable rain suit.

Leather boots (waterproofed) are preferable to athletic shoes.

Pack your clothes in plastic bags to keep them dry.

Keeping Healthy

Dehydration is a problem in cold weather so drink plenty of water.

Eat three good meals a day for the energy to stay warm.

Don't wait until you are cold to put on warm clothes!

Change out of wet clothes as soon as you can.